THE MORINGA TREE

Whole Traditional Beyond Organic



To Share

\$9 Chips + Guacamole Veggies + Hummus \$7 Sassy Salsa \$5 Medium spice ~ served with chips Seasonal Farm Board \$10 Dips, seasonal veggies, fruit with flatbread or GF crackers Add local cheese and grass-fed \$6 sausage*

Breakfast

Fried Egg Sandwich \$14 2 farm eggs, spinach, cheese, tomatoes, salsa & pesto on sprouted bun \$14 Farm-Fresh Egg Hash Scrambled eggs, seasonal sautéed veggies, potatoes, cheese, salsa & southwest sauce Southwest Egg Burrito \$14 Scrambled eggs, cheese, green onion, tomatoes, southwest sauce & salsa in wrap Sides \$2 Fermented Veggies \$3 Crispy Potatoes \$3 Sautéed Seasonal Veggies \$5 Fruit Cup

Toasts

*Choice of Sourdough or GF Bread

Single	
Cinnamon Honey	\$4
Avocado Hemp Seed	\$6
Open Pb & Banana	\$6
Fried Egg & Avocado	\$7
Elevated	
Creamy Cucumber 2 sourdough toasts with creamy cashew spread, cucumber, avocado, red onion and arugula	\$14
Mediteranean 2 sourdough toasts with hummus, avocado, tomato, feta, spinach and balsamic vinegar	\$14

Bowls

Fiesta Bowl \$15 Beans, Rice, Tomatoes, Carrots, Green Onions, Cheese, Salsa, Greens, Chips, Southwest Sauce Ancient Grain Bowl \$15 Quinoa salad, sautéed seasonal veggies, nigella seeds, salsa, creamy turmeric cashew sauce Southern Cobb \$17 Greens, tomato, carrot, cabbage, cucumber, egg, cheese, creamy ranch dressing,

homemade croutons, avocado & quinoa

Salads

Super Salad	\$12
Greens, Seasonal Vegetables, Hummus, Quinoa, Fermented Vegetable, Guacamole	
Taco Salad	\$12
Greens, Cheese, Green Onion, Tomato, Salsa, Guacamole, Corn Chips	



Soup of the Day

Add Chicken/Beef (+\$2)

 Bowl
 \$6

 Cup
 \$4.50

Sandwiches

*served with side salad

Pesto Grilled Cheese \$12 Local Cheese, Pesto, Ancient Grains Sourdough

Veggie Sandwich \$14

Hummus, Quinoa, Pesto, Seasonal Vegetables, Salsa, Greens, Honey Mustard, Sprouted Bun

Bean Burger \$14

Vegan Bean Patty, Greens, Tomato, Honey Mustard, Pesto, Salsa, Sprouted Bun

Smashburger \$15

Grassfed burger with lettuce, tomato, red onion, spicy mayo, ketchup, honey dijon on sprouted bun

California Turkey Ruben \$17

Grilled sourdough with turkey, cheese, caramelized onion, honey dijon and fermented kraut

Plates

Quesadilla \$12

GF Tortilla, Cheese, Tomato, Green Onion.

Nacho Mama's Nachos \$13

Corn Chips, Cheese, Tomato, Green Onions, Lettuce, Salsa, Beans, Southwest Sauce

Street Tacos \$15/16

3 soft corn tortillas topped with cheese, lettuce, tomato, southwest sauce

Bean (\$15) Chicken/Beef \$16

Personal Gourmet Pizza

Veggie Supreme \$15 Beef Jalapeño \$17 Chicken Pesto \$17

Add-Ons

Cheese	+\$1.50
Beans	+\$2
Guacamole	+\$2
Beef	+\$3
Chicken	+\$3

John Gazzie



Whole

We are passionate about creating meals and drinks that build, restore and energize naturally. Utilizing superfoods, nutrient dense product, organic meats, healthy oils and natural sweeteners, we help people enjoy food the way it was designed to nurture every system.

Traditional

We use time-tested methods of cooking to unlock optimal nutritional benefits of every dish.

This includes using healthy cookware, juicing, sprouted foods, fermentation, bone broth soups, and creating all sauces, dips and dressings from scratch.

Beyond Organic

We are motivated by the mission to use our food as medicine, reclaiming true healing from the inside out by incorporating carefully sourced ingredients to help every body heal as it was designed. With that goal in mind, we are thankful for our partners who ensure sustainable agricultural practices and regenerative methods are supported and local people are well cared for.



Teas

RG \$3/LG \$4

Moringa, House Chai, Digestive, Mint Medley, Mama Boost, Dandy Detox, Energy, Immune Build

Coffee

Drip Coffee
Organic Dark Roast

Bulletproof Coffee
Drip Coffe, Grassfed Butter

Choffee
Roasted Carob, Chicory,
Chocolate Nut Milk

Super Moringa
RG \$3/LG \$4

RG \$5/LG \$6

Coffee, grassfed butter, coconut oil & moringa

Raw Juices

S(\$6) M(\$8) L(\$11)

Classy Carrot
Carrot, apple, ginger

Zinger

Carrot, orange, ginger, lemon

Green Machine

Celery, greens, apple, lemon, ginger

Delicious Detox

Celery, carrot, greens, apple, beet, lemon, ginger

Sweetness

Apple, orange, carrot, lemon

O Refreshing One

Carrot, pineapple, orange, lemon

Smoothie Bowls

Moringa Green Bowl Greens, avocado, pineapple, banana, nut milk & moringa; topped with banana, coconut, chia, & granola	\$13
Golden Immunity Bowl Mango, banana, pineapple,avocado, turmeric, cinnamon, nut milk, & moringa; topped w/ banana, coconut, granola, & chia	\$13
Cocoa Nutty Protein Bowl Peanut butter, avocado, banana, cocoa & nut milk, moringa; topped with nibs, banana, coconut, hemp seeds, & granola	\$13
Berry Packed Acai Bowl Mixed berries, acai, avocado, nut milk, & moringa; topped with banana, coconut, chia, & granola	\$14

Smoothies

S(\$6) M(\$8) L(\$11)

Ultimate Moringa

Blueberries, banana, avocado, raw honey, coconut milk, moringa

Funky Monkey

Banana, avocado, peanut butter, cocoa, nut milk, moringa

Strawberry Banana

Strawberries, banana, avocado, nut milk & moringa

Wake Me Up

Coffee, cacoa, nibs, nut milk, banana, avocado, cinnamon & moringa

Mint Chip

Banana, avocado, mint oil, nut milk, cacoa nibs, greens & moringa

Add Superfood

Energy	Immunity	Build
Maca, spirulina	Milk thistle, goji, mental mushrooms, ashwagandha	Hemp, flax, coconut oil, protein, collagen, chia

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